



**OZARK**  
PROSTHODONTICS

## IV ANESTHESIA PRE-OPERATIVE INSTRUCTIONS

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- **DO NOT** eat or drink anything after midnight the night prior to your surgery (8 hours) This includes water, mint, candy, and gum.
- **DO** take heart, blood pressure, seizure or thyroid medications **with a very small amount of water** the morning of surgery, but **ONLY** if this is your normal time to take these medications. Any other medications should be discussed with an assistant or Tracy.
- **NO** makeup, perfume, lotions, or fingernail polish. Remove acrylic nail on at least one index finger for the monitoring of your oxygen levels.
- **You will need a ride to take you to AND from your surgical procedure and be available during.** If they do not, it may add unnecessary delay or result in the cancellation of the scheduled surgery.
- It is **HIGHLY RECOMMENDED** that you have someone available to stay with you the night of your surgery and help you take your medications properly as it is crucial the first 24 hours
- Prescriptions will be provided day of surgery
- Recommendations for a post-operative diet will be provided